

## Questions:

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1. How would you define "happiness?" Do you think most people are happy? Explain your answer.
2. Where do you think most people look to find happiness? How about you? What makes you happy?
3. Why do you think many of the things of this world don't really satisfy us? Why can't we find lasting happiness in the things of this world?
4. Read Acts 16:22-25. How do you think Paul and Silas were able to be so joy-filled despite the fact that they had suffered so much? What impact do you think their joy had on the other people who were listening to them sing?
5. Read Philippians 2:14-16. How do you think grumbling, complaining and arguing negatively impact our ability to share the "message of life" with others?
6. Read Philippians 1:21-27. Do you think it is possible to find true and lasting happiness apart from a relationship with Christ? Explain your answer.
7. Why do you think Paul was so insistent that the church be about spreading the gospel message with others?
8. How will you apply tonight's lesson to your life?