

## Questions:

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1. Are you in the habit of making New Year's resolutions? Why or why not? Give some examples of some of the New Years resolutions you have made?
2. Do you think most people succeed in carrying out their New Year's resolutions? Why don't people have more success? When you have succeeded, what has been your secret?
3. Read Philippians 3:8-11. Why do you think Paul wanted to know Christ the way he did? How can we develop our relationship with Jesus Christ?
4. Read Philippians 3:12-14. Do you think it is important to occasionally evaluate the past? Is there anything wrong with *dwelling on* the past? Explain your answer.
5. Read Philippians 3:12-14 (again) and Ephesians 2:8-10. What are some things we should be striving for as believers?
6. How can we help other believers "run the race?"
7. How might you apply tonight's lesson to your life?