

Questions:

1. Why do you think we don't want others to know about our struggles, problems or faults? What are some of the negative consequences to hiding what we really are from others?
2. Can you think of an example where someone was open about a struggle or a weakness? How did it make you feel toward that person? Have you had either good or bad experiences with being open about a problem or failure in your life?
3. Read Genesis 2:18. In what ways is it not good for people to be alone? Can you think of personal examples?
4. Read Genesis 2:25. How would you define "shame?" What effect does shame have on our lives? How might life be different if we had no shame?
5. Read Genesis 3:1-10. How did Adam and Eve's sin impact their connectedness with God and with one another? Why was it important that God confronted them about their disobedience?
6. Read James 5:16. What might happen if we were willing to put this verse into practice?
7. Do you agree with the statement: "We need to be willing to be known if we are to experience the blessedness of connectedness?" Explain your answer.
8. How might you apply tonight's lesson to your life?